

About Dr. Jon Carlson

Dr. Jon Carlson was named one of the "Living Legends in Counseling" by the American Counseling Association. He is a distinguished professor of psychology and counseling and has a private psychotherapy practice in Lake Geneva, WI. He has authored 35 books including the best-selling "The Mummy at the Dining Room Table," and "Time for a Better Marriage." He has developed and hosted over 200 video programs for the American Psychological Association and is currently working on a book with the Dalai Lama on marriage.

About "On the Edge"

The idea for this "laughter is the best medicine" cartoon-advice panel blossomed when Dr. Jon Carlson showed one of Joe Martin's features to a desperately troubled "on the edge" patient in his office. The humor touched a chord, opening the door for understanding. When Dr. Carlson told Martin the patient's story, they began planning a new feature to help people by an unusual method of humor linked to good advice. "One the Edge" was launched on February 1, 2006.